

ACTIVITY PROGRAMME FOR ART INSPIRATION FOR YOUNGSTER TO DEVELOP THEIR LIFE SKILLS

City: La Vancelle (France)

TIMETABLE	ACTIVITIES
	DAY 1 Monday 4th April 2016
AM	Arrival day, celebration participants
PM	Participants registration, Dinner, Dating evening
	DAY 2 Tuesday 5th April 2016
AM	Energizers, Program Overview of the week, Making a Feel Board workshop for get to know better participants and they experience, Good message, Dance for positive body
PM	Performing time, The Energy Bus for youngsters: A Story about Staying Positive and Overcoming Challenges, Collage creation, international night
	DAY 3 Wednesday 6th April 2016
AM	Coping Skills (building good attitude), Simple Art Activity that Provides Stress relief, Introduction with impro theater
PM	Impro theater, Reflection of day
	DAY 4 Thursday 7th April 2016
AM	Positive message videos Lecture about erasmus+ and youth pass
PM	Make T- shirt design, Reflection of day
	DAY 5 Friday 8th April 2016
AM	Drum making from recycling things, Learning how to play drums, Team making games
PM	City visiting, Who I am (Drawing young person in country), Reflection of day
	DAY 6 Saturday 9th April 2016
AM	Song making exercise
PM	Making dream bord
	DAY 7 Sunday 10th April 2016
AM	Total workshops and evaluation of the exchange
PM	Returns participants in their country