



adamastor

TOGETHER WE BUILD THE FUTURE!

FROM VISEU TO THE WORLD

**ADAMASTOR
PORTUGAL
VISEU
PROJECT
APPLY
ADAMASTOR HOUSE
FUNDING RULES**



EUROPEAN VOLUNTARY SERVICE

TITLE: HAPPY - HABILITATE YOUTH IN EUROPE

CONVENTION NUMBER: 2015-2-PT02-KA105-002445

PROJECT PERIOD: 01-08-2015 UP TO 01-08-2017

ADAMASTOR

Adamastor – Associação Cultural is a non-profit cultural association, founded on January 28, 2005. This association has its mission the exchange of individuals, mostly young people, at EU and third countries.



Mission & Goal:
Exchange of young people at EU and third countries;
Promote training;
Support and technical expertise;
Artistic and cultural activities;
Social and political awareness;

“Encouraging and supporting integration of individuals in the labor market”

PORTUGAL

Portugal, a country with approximately 10 millions inhabitants is situated in the extreme southeast of Europe and includes the archipelagos of Madeira and Azores in the Atlantic Ocean. Country of “fado” and folklore, of “calçada” and Portuguese guitar, codfish and “pastel de nata”...

Portugal awaits you to give you his very best of.
Welcome.



UISEU

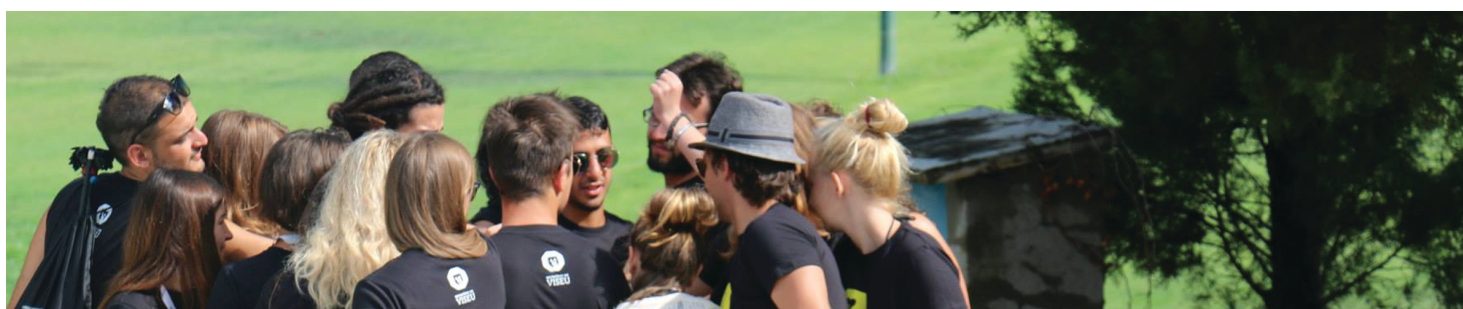
In Beira Alta, between mountains and fully green valleys we can find the city of Viriato and Vasco Fernandes – **Viséu** – a city with around 90.000 inhabitants It is easier to arrive from Oporto or Lisbon Airport. Your tutor can provide you the best travel options.

www.turismodocentro.pt - www.cm-viséu.pt



PROJECT'S SUMMARY

Europe's future depends on its youth. Nevertheless, there are many missed opportunities." This is a conclusion of the Commission's Communication on "Renewed Social Agenda", which aims to create more opportunities for EU citizens, improve access to opportunities for all and solidarity. In line with this, the key points of the project are justified by the current debate on Europe's agenda on the EU Strategy for Youth divided into two general objectives: to provide more equal opportunities and young people in education and the labor market; to encourage young people to be active citizens and participate in the society. To achieve these goals the EU proposes initiatives in eight areas: education and training, employment and entrepreneurship, health and welfare; participation; voluntary activities, social inclusion, youth and the world, creativity and culture. We are facing a social situation in which it is urgent to find more efficient responses and meet the growing needs of young people and their responsibility / role in policy within the European Union. Youth employment and entrepreneurship that directly affect them and the support (financial or otherwise) to youth associations are therefore key issues in the Adamastor and EU partners to promote thought, either internally or in structures where decisions occur. The volunteers will contribute to the qualitative ideas for youth participation in non-formal education activities in the context of the European Union in order to promote and improve eight key competences defined in the European framework of key competences for lifelong learning lifelong and recognition of non formal education in youth curriculum. More specifically, the project involves the participation of 6 volunteers from different backgrounds and from different Programme Countries (such as Sweden, Turkey and Belgic) in order to promote diversity of Europe in a local context. The volunteering period will run for six months each / a being that start simultaneously (when posible). These volunteers will develop the different daily tasks and functions within, Adamastor, Viseu.



APPLY



You should apply if:

You know something about EU especially related to the EACEA funding scheme and programs offered (the new Erasmus +) and knowledge about EU and International Cooperation project management;

You are creative, dynamic, put a lot of passion in what you do and want to take things to the next level in a foreign country;

You like to work with youngsters aged between 13 and 30 years old;

You are between 18 and 30 years old (candidates over 24 are especially encouraged to apply);

You are a citizen of a Erasmus+ Programme Country;

You have not participated in a long-term EVS project before (more than 2 months);

You have communicative capabilities and you know English at a level that will allow you to engage in conversations and express your ideas freely, both verbally and in writing;

How to apply?

Your application pack should consist of:

Curriculum Vitae (CV) in English, in your preferred format (you can be creative);

Cover/Motivation Letter, which should contain at least: why you wish to join the project, how does the project fit with your needs, what activities you would like to do in Viseu, if you fit in the “fewer opportunities” criteria and why, details about yourself (passions, hobbies etc.);

Information about your Sending Organization;

Optional: You may attach presentations, videos, photos, collages, if you think they can bring added-value to your application (as long as they are made entirely by you);



WHAT WILL YOU DO AS A VOLUNTEER IN OUR ASSOCIATION?

Awaken youth community in itself a sense of European citizenship;

Management of EU projects related to Youth, Culture and Citizenship;

Promotion of EVS and mobility programs among target audience;

Street actions to promote direct contact with the local community to increase their sense of responsibility and self confidence in their abilities of social relationship;

Design, development, monitoring and evaluation of projects related to Youth and Europe;

Training of youth workers and youngsters involved in NGOs /Schools/Social Enterprises in the new Erasmus+ Programme;

Initiatives for mobilization of local active volunteering and the promotion of good practices in local volunteering;

Conception of information and dissemination of actions related to important dates for Youth (Associativism Day, Europe Day, International Youth Day, Eradication of Violence Against Women Day, International Day of Pets, ...) that are symbols of Adamastor;

Promotion of training actions for youngsters that arrive to Viseu for international mobility experiences (training, working, Migrants, Refugees), in order to improve their integration into the local community;

Volunteers will be encouraged to provide ideas and new contributions for activities, they will also have the opportunity to write articles, make personal dissemination actions of their volunteering period;



POUSADA DA JUVENTUDE YOUTH HOSTEL

Accommodation and food

Providing suitable accommodation and food allowance, covering also the holiday period to the volunteer(s). Adamastor House have a fully equipped kitchen available for residents to cook their meals. The option we provide to the majority of our volunteers it to pay a monthly food allowance and they can make their own management.

The accommodation will be at the [Pousada da Juventude de Viseu \(Youth Hostel\)](#), a new Adamastor House, located in the green heart of the city, Fontelo Forest Park. It is a green space of excellence with a remarkable biodiversity, able to provide to the participants a leisure space where the vast natural heritage approaches the finer points of landscape interest, architectural, historical, gastronomic and local crafts of the interior of this region.

The participants have access to breakfast, a house fully equipped, including satellite TV, kitchenware, bed linen and bath towels.

FUNDING RULES

Travel, Subsistence and Pocket money

Here you can find the funding rules of the program for your stay during the EVS period.

Description	Sweden	Turkey	Belgic
Travel (maximum limit established by the programme)*	360,00€	530€	275€
Food allowance (per month)	150€	150€	150€
Pocket money (per month)	100€	100€	100€
Extraordinary costs (Visa)**	0€	200€	0€

* Please keep all original invoices and give them to your coordinating organization (Adamastor) in order to bereimbursed ;

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WE WANT YOU!



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RUA DR. ARISTIDES SOUSA MENDES, 
PORTAL DO FONTELO 3500-033 VISEU

SVE@ADAMASTOR.ORG.PT 

WWW.ADAMASTOR.ORG.PT 

/ADAMASTOR.ASSOCIACAOCULTURAL 

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